



Reception

Autumn Term 1

September- October 2025

Physical Development

The children will be introduced to a range of activities which will help develop both their fine and gross motor skills. They will take part in Dough Gym sessions, using playdough alongside hand and finger movements to strengthen control and coordination. In weekly PE lessons, children will explore balancing, running, jumping, hopping and changing direction, while learning how to move safely and respect personal space. They will also take part in multi-skills and gymnastics activities, including floor work, to build strength and flexibility. Using our outdoor equipment, the children will be encouraged to climb, move and play in ways that support their physical development and confidence.

Religious Education

During the Creation and Covenant unit, the children will learn that God created our beautiful world and everything in it, including us! They will learn that God loves us and we are part of a family. Across this half term, the children will explore our role in taking care of God's creation and treating each other in a caring way. They will also learn about ways of talking to God through prayer. This will include learning the words and actions of the sign of the cross.

Mathematics

In our Maths sessions this half term we will be focusing on counting to 5 and recognising quantities in a range of fun and practical ways. The children will be reciting numbers to 10 through songs, rhymes and games, helping them to develop fluency and confidence with number order. They will begin to explore early place value by recognising that numbers represent specific quantities and that these can be shown in different ways. The children will also be introduced to the concept of *Part-Part-Whole* through practical activities and stories, supporting their understanding of how numbers can be broken down and combined.

Expressive Arts and Design

This half term the children will be exploring the theme of identity through a range of creative and imaginative experiences. They will look at contemporary portraits which celebrate many cultures and ethnicities, helping them to appreciate diversity and individuality. Using mirrors, the children will have the opportunity to draw and paint their own self-portraits, as well as create sculptures of their own faces to develop observation and fine motor skills.

Personal, Social and Emotional Development

Our 'My Happy Mind' topic this half term will be 'Meet your Brain'. The children will be learning all about their brain and mind, building an understanding of how it works and ways to manage their emotions and keep their brains healthy. They will be learning mindfulness techniques which will help them to slow down their breathing, feel calm and feel in control of their emotions.

Communication and Language

This term the children will be developing their communication and language skills through stories, songs, rhymes and play. They will enjoy listening to longer stories and recalling key events, while also learning to use a wider range of vocabulary in conversations. The children will practise asking and answering questions, following two-part instructions and using longer sentences to share their ideas. They will also be encouraged to start and continue conversations with adults and friends, express their own points of view and use talk to organise their play.

Literacy

Children will develop their early phonics skills in our daily Read, Write, Inc sessions, they will be introduced to pure sounds, beginning with the first 16 single-letter Set 1 sounds, as well as some digraphs. Our key texts this half term include *Ruby's Worry*, *Hugless Douglas*, *The Rainbow Fish* and *The Invisible*. We will also share whole-class stories such as *Ravi's Roar* and *Incredible You!* to spark discussion. Alongside this, children will have plenty of opportunities for fine motor and mark making activities, including practising writing their name with a capital letter.

Understanding the World

Our topic this term will be *Myself and My Family*. The children will be learning all about themselves, their families, and the special people in their lives. We will explore the past and present as we think about family history and the role of the adults in our homes, helping the children to begin to understand how families may look different but are all important. The children will create a simple timeline of their own life, sharing key events and talking about how they have grown and changed. We will also spend time talking about people who help us, both within our families and in the wider community, and celebrate the unique qualities that make each of us special.

Thank you for your continued support.

Miss Price, Miss Whitby, Mrs Lacey & Mrs Fisher